

Training Checklist	
Book pitch if training time has been changed	
Balls	
Spare hurleys	
Cones	
Water bottles	
Bibs	
Attendance sheets	
Pen	
Keys to dressing rooms	
Stop watch/ phone	
Training plan	
Mentor pack	
First Aid kit	
Pump	
Match Checklist	
In Advance:	
Book Pitch with Pitch Coordinator	
Organise referee	
Organise first aid assistance if required	
Notify secretary in advance of practise games (to be sent ot co. board)	
Notify club PRO of fixtures	
Equipment:	
Jerseys	
Balls	
Spare hurleys	
Cones	
Water bottles	
First Aid Kit	
Bibs	
Attendance sheets	
Pen	
Keys to dressing rooms	
Stop watch/ phone	
Training plan	
Mentor pack	
Confirm opposition before travelling	
Second set of Jerseys (for important match/ bad weather forecast)	
Pump	
After match	
Notify referee immediately of any injuries	
Send results to club PRO	
Send results to co board results rep.	